GFWC Space Coast Woman's Club Inc.

Club Newsletter



L. to R.: JoAnne Post; Susan Musil; GFWC FL Director of Junior Clubs, Christa Nuckols; GFWC President Deb Strahanoski; GFWC FL President, Linda O'Toole; Sarah Anthony, and Sally Kramer.

Membership Meeting

Our club's next General Membership meeting will be held on Wednesday, June 7th under the Clubhouse Park pavilion in Viera East. The business meeting will start at 10:00, however there will be a "Walk & Talk" with our Health & Wellness CSP chairman, Linda G. at 9:00. Please see more information on this under "Health & Wellness" in this newsletter.

At this meeting we will be collecting summer activities and toys for the children at Serene Harbor Domestic Violence Shelter. Items can include bubbles, jump ropes, sidewalk chalk, balls, and the like, but please no water or Nerf guns.

There will be a social hour after the business meeting so feel free to bring a snack or a sack lunch to enjoy with your club friends. Guests are always welcome.

It's Official!

On April 22, 2023 at the GFWC Florida Spring Convention in Orlando, GFWC Space Coast Woman's Club was accepted into GFWC as a new club. We were presented with our club's official gavel by GFWC President, Deb Strahanoski, GFWC FL President, Linda O'Toole, and GFWC FL Director of Junior Clubs, Christa Nuckols and welcomed by the entire assembly at the Friday evening business session. We were recognized at the Saturday morning business session during the Report of Clubs. Our club was represented by five members: Sarah Anthony, JoAnne Post, Susan Musil, Sally Kramer, and Nancy Brown. We received many well wishes and congratulations from so many clubwomen over the course of the weekend.

Club Dues

At our May General Meeting, the 2023-24 Budget was approved by the membership. This budget set our club dues at \$53/year, payable by May 30.

If you are a founding club member you have already paid the GFWC/FL dues and you only owe the additional club dues for 2023-24. New members will pay a total of \$53/year with their application.

Club dues cover the administrative costs of doing club business and are not donated to our charities. Any Operating Account balance will be carried over to the next club year's administrative costs.

Please send your check to club Treasurer, Susan Musil as soon as possible.

We look forward to seeing you!



"For it is in

the giving

that we

receive

President's Message

Dear members,

I am honored to be selected as our club's first president. The faith you have put in me does not go unnoticed and I hope that I can meet your expectations as we navigate this first year of club work. There is much to be done and I know we will all work together to make this year a successful venture.

Thank you for being patient as we get started. We will continue to develop volunteer opportunities and identify other ways to involve our members in the business of the club. We look forward to working on projects that interest, inspire, and challenge all of us.

There is a small token on my desk that was given to me many years ago by a dear friend at the Children's Home Society. It's inscribed "For it is in the giving that we receive..." When we engage in club work as Federated women we give with our hearts, hands, time, money, knowledge, and talents, rarely thinking of how it benefits us personally. But just think about everything that you receive: friendship, information, personal growth, and that special feeling in your heart knowing that you've accomplished positive change for your community. Whatever you are ready to give through your club work, I'm glad you're here. I hope you're ready to receive all the good things that will come your way!

~Sarah Anthony



1st Vice-President's Message

I knew after retirement in 2013 that it was important to give back to the community. I joined another Woman's Club and was a member for 10

years serving as a Membership Chair for 3 years and 1st Vice President for 4 years. I look forward to working with everyone as we embark on new beginnings and opportunities.

As 1st Vice-President, it is my responsibility to report our club's activities, volunteer hours, and donations (both in-kind and monetary) to GFWC Florida and GFWC. It is each member's responsibility to provide this information to the club. This information is vital to our organization so that we can establish a history of our contributions to the communities that we serve, to measure our members' commitment to programs and charities that we support and to provide ideas and to other clubs around the world.

To report your contributions, please keep good records each month. Include hours spent volunteering (don't forget driving time to/from the activity), any goods donated (provide the cost to member or estimated value), and any monetary contributions to non-profit charities. If possible provide a narrative of what you did while volunteering or what types of items you donated. Send this information to me in an email.

Feel free to contact me if you have any questions.

~JoAnne Post



Znd Vice-President's Message

Hi! I'm originally from upstate New York and joined the federation after my retirement in 2003. I'm so glad I joined! I have met a lot of wonderful women and I love volunteering.

It feels so good doing for others that need it.

The 2nd Vice-President is the "Ways & Means" chairman. It is my job to help the club make the money that we donate to various charities and if needed, to pay for operational and administrative funds that our dues don't cover. We are hard at work to develop fun and engaging

fundraisers for our club. It will take all of us to make sure that our club has successful ventures to raise the much-needed funds that community charities rely on to help our community. If you would like to join in the fun of planning our fundraisers, please contact me as soon as possible so that we can add you to the committee list.

I look forward to working with you all in the coming year.

~Judy Bissel





Our club has registered and will be participating in the GFWC National Day of Service.

Watch for more information!



Spring Social 3 Book Swap

GFWC Space Coast Woman's Club held their first event for members and guests, a Spring Social and Book Swap. Members and guests were asked to come and enjoy visiting with

each other while enjoying a cup of coffee, tea or lemonade and some homemade breakfast pastries, all donated by club members.

We asked attendees to bring a book if they had one to give away, and to take a book from the table if they saw one they would like to read.

Eleven members and eight guests joined together to introduce themselves, to learn about our club and to play a game. Our club president even joined via Facetime to see everyone and deliver the welcome.

Our club plans to hold a social every three months as this was a wonderful way to introduce our club to potential members as well as just get together with other club members. In future socials, we plan to enlarge the "swap" portion of the event to include not only books, but jigsaw puzzles, CDs, DVDs and recipes. This is a wonderful way to recycle but also to share with each other about the good book you read, the great movie you watched or the easy, delicious recipe you make often.

If you would like to help plan the next club social, please contact our "Socials Chairman" Sally Kramer. Her contact information is available in the club directory.

Did you know...

Each hurricane can shower down more than 2.4 trillion gallons of rain each day?

Hurricane season begins June 1. Are you prepared?

For more, visit the NOAA.

Community Service Programs (CSPs)

Art 3 Culture CSP Chairman: Available

Have you started your project for the GFWC Arts & Crafts Contest? The first art show will be at our club level in January. The winners of each category will go to the District show in February. Winners thee will go on to the State show at Convention.

There are many categories for the contest and they can be found <u>HERE</u>. Projects must be completed in 2023. Items finished before 2023 may not be entered.

If you would like more information, please contact our club president.



Environment CSP Chairman: Nancy Brown

"The GFWC Environment Community Service Program encourages us to become stewards of the earth by working to preserve the world's resources, protect wildlife and domesticated animals, live sustainably, and beautify our communities and enjoy nature."

Our first project will be before the June membership meeting on June 7th. We will be picking up trash around the pavilion at Clubhouse Park in Viera East. Grabbers, gloves and trash bags will be provided.

We're developing more projects for the upcoming year. If you have any ideas or would like to serve on the committee please contact me. Civic Engagement 3 Outreach CSP Chairman: Available

"The GFWC Civic Engagement and Outreach Community Service Program reminds GFWC members that each of us is a part of a larger society and is responsible for undertaking actions that will create a better quality of life and foster a sense of community—locally, regionally, nationally, and globally."

Watch for future club projects that focus on our community, especially citizenship, military and public service, crime prevention, and disaster preparedness.

We need a name

Do you have a catchy name for our club's newsletter? Email your ideas to us by June 20th: gfwcspacecoast@gmail.com

Club members will be voting on all the suggestions and the person who submits the winning name will receive a prize!



Community Service Programs (CSPs)



Education 3 Libraries CSP Chairman: Sally Kramer

"Education is for improving the lives of others and for

leaving your community and the world better than you found it." Marian Wright Edelman

GFWC members promote education in both children and adults. We aim to help others, while we also continue to learn. My plan is to have projects for the membership to work on throughout the year and details of the first project will be available by September for those that are interested in volunteering in this area.

If you would like to work on one of the committees in the Education & Libraries CSP, please let me know.

ESO (Epsilon Sigma Omicron)

ESO is an honorary educational society open to all dues paying members of GFWC Federated clubs. Through ESO, clubwomen are given direction in planned reading for self-enrichment and personal growth. ESO are the initial letters for the Greek phrase "epsilon ten sautou hoden" which literally translates into "enlightened the pathway of yourself."

ESO, unlike other GFWC programs, is specifically for the benefit of clubwomen. Members who participate in reading groups can experience discussions on a variety of books, create friendships and gain knowledge about life, love, family, politics, cultures, technology, the world around them and many other topics.

Our club members are encouraged to join ESO and we will be forming a book club for discussions to take place. I will have information available at each club meeting or you can read more about it on the <u>GFWC FL website</u>.



GFWC Signature Program: Domestic 3 Sexual Violence Awareness 3 Prevention Chairman: Taylor Malishenko

In May we provided Serene Harbor, a local domestic vio-

lence shelter, over \$200 in food and household items and we provided generic Mother's Day cards for all the mothers in residence. In June, we plan to give sidewalk chalk, bubbles and other fun summer activities for the children. In addition to Serene Harbor, our recommendation is to support Brevard County Paws and Stripes College. They train shelter dogs to become therapy/comfort dogs. Watch for more information on how you can help these great organizations who do so much for our community.

Community Service Programs (CSPs)



Health 3 Wellness CSP Chairman: Linda Greenstein

I am Linda Greenstein, the Health and Wellness CSP

chairman for out club. I grew up in a medical family. My dad was an OB/GYN and my mom was a nurse. Health and Wellness has been a passion for a long time. My husband Bob, and I will celebrate our 50th Anniversary on August 22nd . We have two beautiful daughters, two fun sons-in-law and two amazing grandchildren. They all live within 2 hours of us and we try to spend as much time as we can with all of them.

I have served as the Health and Wellness CSP before and I plan to continue doing some of my previous projects starting in June. We will have a Charity Miles team which will hopefully encourage many of our members to get out there and get moving. We will have at least one Walk and Talk each month so we can get to know each other and add miles to our team. I hope to send out an email to all members, boosters and guests once the team has been created on the Charity Miles app.

The Children's Hunger Project has been a very meaningful charity. Our club has three packing events starting in January, 2024. We will be asking the Satellite Beach and Viera clubs to join us.

I have contacted Healthy Start, an organization that strives to improve the lives of moms, babies and families. They need volunteers to package approximately 500 packets of educational information for all new pregnant moms and new babies each month. I will have more information at our membership meeting on June 7th.

The Central Brevard Sharing Center has a yearly "Kicks For Kids" Campaign. They encourage

groups to help provide NEW SNEAKERS for disadvantaged Brevard elementary school students chosen by their teachers or principal. I will also have more information about this campaign at our next meeting.

Our club will be collecting pull tabs for the Ronald McDonald House and eye glasses for the Lion's Recycling Campaign. These are easy projects that make a huge difference in the lives of many. Please bring your items to our next General Meeting.

Our first Walk and Talk will be on June 7th. Our Environment and Health and Wellness CSP's are planning a Keep Brevard Beautiful event starting at 9:00 am at Clubhouse Park before our general membership meeting. We will clean up the park area. Please wear sturdy shoes. There will be trash bags, gloves and grippers for us to use.

On Monday, June 19th, we'll meet at Brevard Zoo's Linear Park at 8:30 am for an educational walk along the boardwalk. Dress for the weather, wear sturdy shoes and bring water. Hope to see many of you there!

Did you know that June is: Alzheimer's and Brain Awareness Month

The <u>Alzheimer's Association</u> provide educational resources, fundraising ideas, and inspirational stories. People can also donate online.

How to get involved: Wear purple to reflect the campaign's message and look out for the hashtag #ENDALZ.

GFWC History



The first GFWC International President was Charlotte Emerson Brown. Born on April 21, 1838 in Andover, Massachusetts, Charlotte was an av-

id reader and spoke many languages. She was a teacher in Canada, a secretary in Illinois, and taught many languages at Rockford Seminary. While there she started many various clubs, including a music club and a French club. She also hosted literary, musical and artistic events in her home.

Charlotte Emerson married Reverend William B. Brown in 1880 and they settled in Orange, NJ. She became president of the Woman's Club of Orange (NJ). At the GFWC convention in the spring of 1890, Mrs. Brown was elected its first president. There were then fifty literary clubs in the federation. In less than two years that number had increased to over 120 clubs, representing 29 States and enrolling 20,000 women. This period also saw the formation of state federations, beginning with Maine's in 1892. Members advocated for clean milk, street lights, and libraries, as well as for regulations regarding child labor and child and maternal health. Mrs. Brown served as GFWCs president until 1894.

Charlotte Brown died on February 5, 1895, and was buried in Mount Pleasant Cemetery in Newark, New Jersey.

Today, the Charlotte Emerson Brown Award for Excellence in State Leadership recognizes the exemplary service of State Presidents to their State Federations and the General Federation of Women's Clubs. The purpose of the award is to recognize GFWC State Presidents who have demonstrated leadership and commitment that goes above and beyond basic expectations.





The 2022-24 GFWC Florida President's Project is Camp Boggy Creek. Over these two years we will be showing our support of President Linda O'Toole by giving service and donations to this worthy organization.

Since 1996, Camp Boggy Creek has made it possible for children with serious illnesses to enjoy a camp experience in a safe, medically- sound environment. Located near Orlando, the 232-acre Camp serves children ages 7-16.

The Camp offers children the chance to go fishing, horseback riding or climb our ropes tower, all while making new friends. Beyond boundless fun, Camp Boggy Creek provides fellowship.

Children can spend time with others who are just like them and share their life-experiences,

which serves as a reminder that they are not alone. (GFWC FL website)

The current projects are:

- Sewing "Boggy Bears". These special bears are given to each camper. The instructions can be found <u>HERE</u>.
- Crocheting or knitting blankets to be given to campers. These can be any pattern or kid-

friendly colors; 35-40" wide by 40-50" long.

If you would like to work on either of these projects, contact our club president for more information.



Boggy Bear photo courtesy of Rebecca Castillo, GFWC SBWC.

June Events

June 7:

- 9:00 Walk & Talk/Litter Pick-up Clubhouse Park—Viera East
- 10:00 General Membership Meeting Clubhouse Park—Viera East

June 19:

8:30 Walk & Talk Brevard Zoo Linear Park

June 21:

10:00 Board of Director's Meeting

What We're Collecting

This is a list of on-going collections for items that will be donated to various organizations in our area.

- **Pull-tabs** (soda and soup can tabs) will be donated to Ronald McDonald House charities. (Health & Wellness)
- **Eyeglasses** will be donated to the Lions Club. (Health & Wellness)

More items will be added as projects are developed.



Our club is actively seeking new members who would like to join us!

To learn more, please email:

gfwcspacecoast@gmail.com



To contact any member of our club's leadership team, please email us at:

gfwcspacecoast@gmail.com

Your email will be forwarded to the appropriate person.

