GFWC Space Coast Woman's Club Inc.

March 2024 Volume 2, Issue 3

gfwcspacecoastwc.org

The Space Coast Comet



Membership Meeting

Our March Membership Meeting will be held on Wednesday, March 6th at the Central Brevard Public Library beginning at 10:00am. Our speaker will be from library services.

Our business meeting will include reports from our chairmen as well as a report from the Nominating Chairman.

Do you have a friend or neighbor that is interested in joining us? Be sure to bring them so they can see what we're all about!

Thank you!

Our club recently came together to spread some cheer and appreciation to our local heroes at the Cocoa Police Department by donating a sizable snack basket. Filled to the brim with an assortment of treats, the basket was a token of our gratitude for the hard work and dedication exhibited by the officers in keeping our community safe. It was heartwarming to see the smiles on their faces as they received our gift, and we hope that the snacks provide them with a moment of respite during their demanding shifts. This small gesture symbolizes our immense respect and support for the invaluable service they provide to our city.

Thank you to our members for your contributions that made this project possible.





"Spring is nature's way of saying 'Let's party!'." ~Robin Williams

President's Message

Dear Members,

Signs of spring are starting to show here in Albuquerque. I saw my first robin the other day and the spring winds have really picked up. It won't be long before the warm weather and budding trees are upon us. Another sign of spring is the <u>Call for</u> <u>the GFWC Florida Convention</u>, which was sent to all members a couple of weeks ago. If you haven't received it, please let me know so we can make sure you're informed and don't miss out on any other communications. All members are welcome and encouraged to attend. It will be a fun and exciting weekend of learning, celebrating, and sisterhood. I hope you'll make plans to join us in Orlando, April 12-15. I look forward to celebrating with you!

Thank you all for everything you do for our club, for our community, and for GFWC.

1st Vice-President's Message





Hello from somewhere in South America. Bob and I left on a cruise February 16, sailing from Chile around the horn to Buenos Aires. I can only hope that

we sailed through Drakes Lake and not Drakes Shake! As long as all of our flights are on time I will see you on March 6 and will share our adventures.

Before we left I was so happy and proud to represent our club at the District 6 meeting and to accept our awards for:

Art & Culture – 3rd place Communications & Publications – 1st place Environment – 2nd place ESO – 1st place GFWC Signature Program: Domestic & Sexual Violence Awareness &Prevention – 1st place Health &Wellness – 1st place Leadership – 1st place Legislation & Public Policy – 3rd place Membership – 2nd place Women's History & Resource Center – 1st place Also, congratulations to our club's artists who received recognition at the District Arts & Crafts Competition. Those winners are listed on page 3 of this newsletter. First place winners will move on to the GFWC Florida contest to be held at Convention in April.

I cannot wait for convention in April to *hopefully* be recognized by the state for our artists and for all of our great works in our community with our amazing reports.

Please continue to send me an email with your hours, dollars donated, and in-kind donations for all of your generous club work. If you need a reminder for what to report, please see page 7 of this newsletter.

~Johnne Post

GFWC FL President's Project

We're in the last few months of this administration's President's Project, <u>Camp Boggy Creek</u>. Clubs all across the state have been working hard to promote Camp Boggy Creek, donate funds, sew bears and curtains, create afghans, and volunteer at the camp. It will be exciting to hear the final numbers in April.

At the recent GFWC FL webinar, we learned that they are still in need of several items:

- **Washcloths.** They use countless cloths each day and they take a beating. Any color is acceptable, except white, as white reminds kids of the hospital.
- **Twin-size** sheets. Kid-friendly designs and colors are appreciated, except plain white.
- **Crochet or knitted afghans**. Lap– or kidsized. Kid-friendly colors and designs.
- **Boggy Bears**. Click <u>HERE</u> for sewing instructions.

President Sarah will be delivering our club's donations to Convention. Please contact her if you have a donation. The last day to donate is April 11th.



Something to remember...

Our club is a busy club with many opportunities for our members to participate in. Keep in mind that you do not have to do everything! Your GFWC experience is personal to you. Do the things that interest YOU; that bring YOU joy.

A good member doesn't do *everything*, they just do *something*.

District Art Show Winners

Congratulations to our club's District Art Show winners! Good luck to the 1st place winners moving on to the GFWC Florida competition in April.

1st Place:

Category 33- Fabric Craft – Tiny Butler Category 36 - Quilting – Tiny Butler Category 42 - Open Category – Tiny Butler Category 43 Forgotten Crafts – Diane Angus Category 71 – Painting - Acrylic– Judy Mammay Category 91 - Photography - Natural Wonders – Judy Mammay

2nd Place:

Category 11 - Paper crafts - Card making, stamping, etc. – Bonnie Miller

Category 28 - Hand Embroidery - Threaded needle, crewel, ribbon, etc. no machine embroidery– Sally Kramer

2nd Place (Continued):

Category 73 - Painting – Watercolor – Judy Mammay

Category 75 - Mixed Media/Collage - A combination of any two or more of the first four divisions, and/or FLAT materials to form a framed picture. – Judy Mammay

Category 92- Photography – Reflections – Judy Mammay

3rd Place:

Category 20 - Wreaths - All occasions – Diane Angus

Category 74 - Drawing - Charcoal, Colored Pencil, Black & amp; White, etc. - Judy Mammay Category 94 - Photography – Florida – Linda Greenstein

Honorable Mention:

Category 10 - Miniatures – Linda Greenstein

Community Service Programs (CSPs)



March is Women's History Month! This month, celebrate the contributions and achievements of women throughout history globally. This month-long celebration hopes to shed light on the roles that women have played in influencing nearly every part of society including politics, music, the arts, and science, to name a few. March is a time to promote gender equality and to learn about the challenges that women face across the world.

The 2024 theme celebrates "Women Who Advocate for Equity, Diversity and Inclusion." This theme recognizes women who understand the need to eliminate bias and discrimination from individuals' lives and institutions.

GFWC Florida Women of Courage Celebration will be on Zoom, Sunday, March 10th from 4:00-5:00pm. To register, please visit the GFWC Florida Member Center.



From the 2022-24 GFWC Manual:

"Civic Engagement and Outreach are highlighted and encouraged, including Citizenship; Crime Prevention, Safety, and Disaster Preparedness; the Needy, Hungry, and Homeless; and Our Military Personnel and Veterans. Beyond these suggestions, look within your own community and to the wider world for ways to make a positive impact."

If these are topics that interest you and spark ideas for volunteerism, please consider volunteering to be our club's Civic Engagement & Outreach CSP Chairman! No experience is needed and there is no shortage of project ideas and club support to help you.



GFWC Signature Program: Domestic 3 Sexual Violence Awareness 3 Prevention Chair: Taylor Malishenko

March 2nd is Dr. Seuss's (Theodor Seuss Geisel) birthday. He published his first book in 1937, going on to publish over 60 books. Sally Kramer is coordinating the donation of Dr. Seuss books for a children's party at Serene Harbor House. We will deliver the books and cupcakes for a Dr. Seuss party on March 2nd. Thanks to our very generous club members, we will be donating **thirty** Dr. Seuss books to the children at Serene Harbor.

Serene Harbor is a certified Domestic Violence Center for women and children in Brevard County. They also provide a wide range of services to survivors of domestic, dating, sexual violence, and stalking, including an on-site kennel, case management, transportation, Victim's Compensation Program assistance, employment and education programs, to name a few. For more information, please visit their website.

If you or someone you know needs help, please call or text Serene Harbor's 24/7 confidential hotline: **321-726-8282** (TTY).

Community Service Programs (CSPs)



Education 3 Libraries Chair: Sally Kramer

March 2, 2024 is Dr. Seuss's birthday and Taylor Malishenko, Chairman of the GFWC Signature Program Domestic & Sexual Violence Awareness & Prevention, and I have teamed up to provide a birthday party for the kids at Serene Harbor. Taylor has written the report but I would just like to say a BIG "Thank You" to all our members for their generosity. Besides the books, members provided the cupcakes, the juice boxes and the decorations...It's a Party!!

Book Club

Sandy Angerami has volunteered to be the chairman of our Book Club, starting March 1, 2024. The book selections and the hostess assignments will remain the same. We now have ten members. If anyone would like to join us, our next meeting is Monday, March 18, 2024 at 1:00 PM at Judy Mammay's home. Please check the club directory for her address. We will be discussing the book *Where the Forest Meets the Stars* by Glenda Vanderah.

Little Free Library

Juniper Landscaping has graciously donated the cost of one Little Free Library (LFL) to our club! Once we have installation approval, the library will be installed at East Wind Park. The club still has books left over from socials that will be put in our library when it's ready, but we still need some children's books.

Before the project is completed there will be a sign up sheet for all of our members to sign up for a week to check the library, make sure it is clean and to restock the books. This is a very exciting project for us and we will encourage all of our members to participate in some way. We look forward to bringing access to more books to our community.

GFWC Affiliate Focus

GFWC is proud to work side-by-side with a number of dynamic and impactful organizations. Together, we work to improve our communities and better our world.



Canine Companions is the oldest and largest assistance dog program providing trained dogs for children, adults, and veterans with physical disabilities. Founded in 1975, Canine for Companions is the leader in the field and has placed more than 6,300 assistance dogs. Canine Companions breeds and trains their own dogs to get the temperament, intelligence, focus, health, and work ethic needed. Their breeding program is highly regarded and looked at by others for best practices. At eight weeks old, puppies are placed with volunteer puppy raisers who raise the puppies for 15 months, teaching basic obedience commands and socialization skills. Then they return the dog to Canine Companions for four to nine months of professional training to learn the 40+ commands they need to know to do tasks for people with disabilities.

To learn more, visit the <u>Canine Compan-</u> <u>ions</u> website or the GFWC website.



Community Service Programs (CSPs)





Thank you to club members, Sally Kramer and Tiny Butler who helped sort and bag 1600 hundred corks. We have enough corks now to begin to sell on Etsy. We may also investigate making craft items with the corks that we can also sell. So, if you have any craft ideas using corks, please share them with me. Also, bring any corks that you have to our membership meeting in March.

On Saturday, March 16th , the <u>Brevard Discovery Garden</u> will be holding its 2nd Annual Spring Fling. A wide variety of pollinator plants, veggies, herbs, and Florida-friendly plants such as Iris varieties, Coleus and Zinnias. The sale is from 9am—1pm. I recommend going early as this is a popular sale. Cash or checks only. The Discovery Garden is located at 3695 Lake Drive in Cocoa.

I will have a sign up sheet at the March membership meeting for a beach cleanup on April 6th sponsored by The <u>Sea Turtle Preservation Soci-</u> ety. The cleanup is at Coconut Point Park in Melbourne Beach on A1A from 9:00-11:00am. All supplies are provided and we will organize car pools for club members interested in participating.

March Environmental Facts:

The full moon in March, which will be on March 25th, is called the Worm Moon. It was thought that the name came from the increase in earthworm activity once the soil began to heat up as we emerge from winter. But, another source for the name is the beetle larva that begins to emerge from tree bark during the early spring. Either way, the Worm Moon is announcing that spring is here.





The GFWC Space Coast – COMETS

Charity Miles team will change their charity to The National Sclerosis Society on March 1st. Multiple Sclerosis is a disease that impacts the brain, the spinal chord and optic nerves, which make up the central nervous system and controls everything we do. For more information on the incredible work being done by The National Multiple Sclerosis Society please visit <u>their website</u>. We can help this worthy charity by meeting our goal of 1,500 miles. Let's get moving!

Our next Walk and Talk will be on Monday, March 11th. We will meet in the parking lot at the Ritch Grissom Memorial Wetlands (10001 N. Wickham Rd.) at 8:30 am. Please dress for the weather, wear sturdy walking shoes, put on some sunscreen, wear a hat or visor and bring some water.

Our next packing event for <u>The Children's</u> <u>Hunger Project</u> is on Wednesday evening, March 20th from 5:30-7:30. We will be working with four other GFWC clubs so space is limited. Our club has a full team with alternates this month, but there will be another event in May.

We'll be helping <u>Healthy Start</u> by assembling the informational packets for their clients on Tuesday, April 2nd from 9-11:30 am. I will have a sign-up sheet at our March membership meeting. The location will depend on participation numbers. We hope many of you will join us for a fun volunteering morning!

The GFWC Space Coast- COMETS will participate in the Downtown Melbourne 5K Run/Walk on Saturday, March 23rd. Proceeds benefit <u>The Haven for Children</u>, a residential and therapeutic home for children removed from their families due to abuse, neglect or abandonment. Sign up <u>HERE</u>. Hope to see you there!

GFWC Advancement Areas

Membership Chair: Available

Welcome to our new members!

- Barbara Linton
- Jane Williams
- Marina Hooten

New members' contact information is available to our members in the club directory.

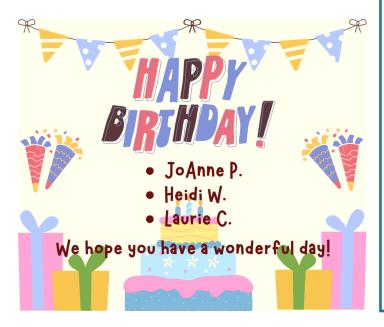
We look forward to working with you at future club events!



Have you "liked" and "followed" our Facebook page?

Follow us for reminders and information.

Be sure to "share" our page and posts to inform others!





Things to report this month:

- Did you attend and club, district, state, or committee meeting or attend a webinar in February?
- Did you participate in the Valentine heart project or the field trip to the museum?
- Did you donate a Dr. Seuss book or items for the first responder gift basket? Report cost of items donated & time spent shopping or ordering.
- Did you attend/join the book club? Did you join ESO? How many hours did you read? Did you purchase this month's book club book?
- Did you save any corks, pull-tabs, or eyeglasses? Report max 1 hour per project.
- Did you walk or run for Charity Miles? How much time? How many miles?
- Report all volunteer hours (including driving time and miles—except for membership meetings)
- Report all dollars and in-kind donations made to the club or to club-sponsored organizations.

Send your monthly report to JoAnne via email.

GFWC Advancement Areas

Legislation 3 Public Policy Chair: Available

Have you joined the GFWC Legislative Action Committee (LAC)?

In accordance with the resolutions adopted by the General Federation of Women's Clubs, GFWC often joins other national organizations to urge congressional or federal agency action on a particular matter. These letters, in addition to individual clubwomen contacting their members of Congress directly through the Legislative Action Center, result in a national network of grassroots advocates working together to improve the lives of club members, their communities, our nation, and the global community.

Sign up for the <u>Legislative Action Center</u>, a powerful tool to alert you to GFWC's public issues and advocacy efforts. Track bills, contact your local representative and take action on issues germane to GFWC Resolutions.

After you sign up for the LAC, please include it in your monthly report to JoAnne so that we can keep track of how many club members have joined.

GFWC FL Webinars:

Be sure to sign up for this month's GFWC Florida webinars. The first webinar is **March 7th** at 7:00pm The topic will be Stepping Into Leadership. The second webinar is on **March 26th** at 7:00pm and that topic will be on Bylaws and Standing Rules. Webinars are free and are a really good opportunity to learn more about GFWC and GFWC Florida. Registration is on the <u>GFWC FL</u> <u>website</u> in the member center and can also be accessed on the weekly GFWC Florida Clubwoman email.

Leadership Chair: Sarah Anthony

In the September newsletter, we outlined the seven acts of "everyday" leaders: commit, listen, communicate, be humble, innovate, learn, and SMILE!

This month we will focus on **being humble.** "We all know so-called leaders who are described as arrogant, entitled, and controlling. Do not be that leader! See yourself as an everyday person whose experiences and voice matter as much as the next person's – no more and no less than your neighbor's. Think of it as coming from a place of community and in the spirit of making life happier for everyone." (GFWC Manual)

The American Psychological Association defines humility as characterized by a low focus on the self, an accurate sense of one's accomplishments and worth, and an acknowledgment of one's limitations, imperfections, mistakes, gaps in knowledge, and so on. Essentially, humility is the ability to see yourself as you are. You recognize your strengths and successes. But you also understand your weaknesses and limitations.

Why is humility one of the most important leadership competencies?

- It makes you more accessible and relatable to your team.
- It helps you innovate.
- It helps you gain influence.
- It leads to better outcomes.

Humility in leadership can manifest in different ways in different people. But at the core, it's about recognizing that being a leader doesn't make you invincible. And that you, like every other person, have areas where you can grow, change, and improve. (betterup.com)

GFWC History



Nestled in the heart of Washington, D.C., stands a testament to women's empowerment and community service: the historical headquarters of the General Federation of Women's Clubs

(GFWC). Steeped in history and adorned with timeless architecture, this building serves as a cornerstone for the organization's enduring legacy.

Constructed in 1875 and purchased by GFWC in 1922, the headquarters has witnessed over a century of dedication to the betterment of society through grassroots initiatives and philan-thropy. Its elegant façade and classical design reflect the values of the GFWC, echoing the strength and resilience of the women who have shaped its history.

Beyond its architectural significance, the historical headquarters serves as a hub for collaboration and advocacy. It hosts meetings, conferences, and workshops where members gather to exchange ideas, strategize on community projects, and champion causes close to their hearts.

As visitors step through its doors, they are greeted by a sense of heritage and purpose. The building's interiors, adorned with portraits and memorabilia, chronicle the milestones of the GFWC's journey, from its inception to its present -day impact on communities worldwide.

GFWC Headquarters is not just an office. It's a home and a National Historic Landmark, located at 1734 N Street, NW in Washington D.C. The building became GFWC's official headquarters in 1922. GFWC members, political dignitaries, celebrities, notable professionals, and historians are among the thousands of visitors to have walked Headquarters' venerable hallways since 1922. The building's historic style has been maintained through generous contributions from members and friends. It is also home to our archives and library, the Women's History and Resource Center (WHRC).

The research into the history of our Headquarters buildings here in Washington, DC is ongoing, and it's a continual source of excitement. Many of our clubwomen are familiar with the backstory of our central building, 1734 N Street. Less well-known is the fact that we also own the rowhouses on either side: 1738 N Street, which we bought in 1952, and 1728, purchased in 1959. These three buildings each had long histories, with many residents and purposes, before we moved in; those stories are now part of our history, and it seems like there's always something new to discover.

As we reflect on the significance of the GFWC historical headquarters, we are reminded of the enduring power of collective action and the transformative impact of women's leadership. It stands not only as a physical structure but as a living testament to the vision and dedication of generations of women who have worked tirelessly to create positive change in the world.

In the spirit of the GFWC's mission, let us continue to honor and uphold the legacy of this historical landmark, ensuring that it remains a beacon of inspiration for generations to come.

Visits to Headquarters, whether to do research in the WHRC or to tour the historic rowhouses that make up our HQ building, are by appointment only and on a limited schedule. They are not able to welcome walk-in visitors at this time. Nonetheless, if you are planning to be in D.C. and want to visit, please contact the front office (for tours) or the WHRC (for research) at least two weeks in advance, and they will do their best to accommodate you!



March Events

March 6:

10:00 am—Membership Meeting Central Brevard Public Library 308 Forrest Ave, Cocoa

March 7:

7:00 pm—GFWC FL Webinar Topic: Leadership Zoom

March 10:

4:00 pm—GFWC FL Women of Courage Celebration Zoom

March 11:

8:30 am—Walk & Talk Ritch Grissom Memorial Wetlands 10001 N. Wickham Rd.

March 15:

9:30 am—New Member Orientation Sally K.'s House Contact us for more info!

March 18:

1:00 pm—Book Club Judy M.'s house (address in directory)

March 20:

10:00 am— Board of Directors Meeting Zoom

5:30 pm—Packing for The Children's Hunger Project Sign-ups only 26 Forrest Ave. Cocoa, FL 32922

March 26:

7:00 pm— GFWC FL Webinar Topic: Bylaws & Standing Rules Zoom

We look forward to seeing you at our events this month!

What We're Collecting

This is a list of on-going collections for items that will be donated to various organizations in our area.

- **Pull-tabs** (soda & soup can tabs) will be donated to Ronald McDonald House charities. (Health & Wellness)
- **Eyeglasses** will be donated to the Lions Club. (Health & Wellness)
- **Bottle corks** (wine & champagne) for our fundraiser.
- **Books**—for our Little Free Library (Education & Libraries)

More items will be added as projects are developed. To donate, please <u>contact our club</u>.

Contact Us

Email: <u>gfwcspacecoast@gmail.com</u> Phone: 321-4468941 Website: gfwcspacecoastwc.org Facebook: facebook.com/gfwcspacecoastwc

