

The Comet



Membership Meeting Holiday Party

December 4, 2024 11:00-1:00 Urban Prime, Viera

Board Meeting

December 18, 2024 10:00 am on Zoom

Membership Meeting

January 8, 2025 10:00-12:00 5 Rosa L. Jones Dr., Cocoa



A Holiday Greeting...

Dear Club Members,

This holiday season, I want to take a moment to reflect on the incredible work we've accomplished together this year. Your dedication, compassion, and enthusiasm have brought positive change to our communities and beyond.

This season of giving reminds us of the power of service. Let us continue to spread kindness, uplift those in need, and cherish the friendships we've built within our club. Together, we make a difference that shines brighter than any holiday light.

Wishing you and your families a joyous holiday season filled with love, peace, and happiness.

In service and gratitude,

Sarah



President Sarah Anthony sarah.anthony614@gmail.com

"Let the beauty of what you love be what you do." ~Rumi

1st Vice-President's Message



I hope everyone had a wonderful Thanksgiving with family and friends. We may need to have a few extra Walk & Talks this month.

Reporting writing is underway and my holiday present to everyone is that you DO NOT have to report your hours for December. We will add everyone's hours/donations for those projects we know we are doing in December.

I would like to remind everyone that GFWC Florida is hosting a webinar on Tuesday Dec 3 at 7pm on report writing. Details on sign up can be found on GFWCFlorida.org member center.

Have a very happy holiday season and a very happy & healthy 2025!

Upcoming Membership Meeting



We are excited to invite all members and guests to our next meeting, where we'll be focusing on an important initiative: the GFWC Signature Program—Domestic and Sexual Violence Awareness and Prevention. This impactful

program empowers GFWC clubs to work toward eradicating human trafficking and supporting survivors through education, advocacy, and service.

Our featured speaker will be a representative from Life Recaptured, а remarkable organization dedicated rescuing victims of human trafficking and providing them with the tools and support needed to rebuild their lives. Theu will share their experiences and insights into this pressing issue, helping us understand how we can make a difference.

In addition to our presentation,

we will also have a service project and activity. Watch for more information in next month's newsletter.

January is also the month that we honor our **2024 Volunteer of the Year.** See page 7 for more information on how you can make your nomination.

But wait...there's more! Including our **Arts & Crafts Contest**. See page 4 for all the information you will need to enter your arts and crafts projects.

We hope you'll attend the January 8th meeting and bring a friend or potential new member!

2nd Vice-President's Message



Fundraising is an integral part of our organization as we endeavor to provide for our community and as well as our own organization. There are so many ways that we can contribute, please take a few moments to review our upcoming events and fundraising opportunities.

RaiseRight - This is an APP on your phone where you have the ability to purchase gift cards at the same time our organization receives a benefit. There are daily deals that will provide areat opportunities Dicks fundraising such as: Sporting Goods (12%), Panera Bread (12%) Texas Roadhouse (13%), Spafinder (17%). Please check the APP to see what deals are available. If you need help using the APP, please let me know.

Vows of Valor - The event is to

support the GFWC Florida President's Project which will provide an all-expenses paid, all-female veteran Flight to Honor to Washington, D.C. Please make sure you have reserved your place at the event.

Bunco - Reminder, our Bunco party has been postponed until March 8, 2025. We are looking forward to this being a fun time for all. Mark your calendar now! Tickets will be on sale after the new year.

Thank you for your participation and help to meet our fundraising goals this year.

Club FUNdraisers







Art & Culture CSP

The GFWC Arts and Culture Community Service Program promotes and supports art and cultural programs communities nationwide, and works to expand understanding on every level, from local and regional to national and international. Our goal is to create projects that include crafts, dance, drama, food. music. and other manifestations of art and culture that develop skills, awareness, and appreciation. It is designed to inspire and ignite a desire to make the world a

more beautiful, thoughtful, and caring place.

The GFWC Florida Arts & Crafts contest is held every year, with club's holding the first contest in January and winners advancing to the District and State competition in February and April, respectively.

Our club's contest will be held during our January club meeting. If you would like to help organize this event, please contact Sarah Anthony as soon as possible. Are you an artist or a crafter? We need your entries! The only requirement is that the project was completed during 2024 and that it was completed by a GFWC member.

There are many categories that include many different types of arts and crafts These categories can be found in the GFWC Florida Member Center under Contest & Competitions. Please contact Sarah Anthony if you have any questions or need any assistance. More information will be available in the January newsletter.

Civic Engagement & Outreach CSP



Wreaths Across America will be held on Saturday, December 14th beginning at 10:00. Our club will be participating at the Cape Canaveral National Cemetary in Mims.

Please see the flyer for more information. Contact Kathy S. if you plan to attend.

This will be a very moving and special volunteer opportunity, and we hope you will join us! The holidays are a time for joy, but they can also bring increased risks. Keep your home secure by locking doors, using light timers, and keeping packages out of sight. When shopping, stay alert, park in well-lit areas, and secure your valuables.

A little extra caution can go a long way in protecting yourself and your loved ones. Let's make this season both joyful and safe!

Education & Libraries CSP



BOOK CLUB

At the November book club, nine members enjoyed a lively discussion of First Ladies by Marie Benedict Victoria and Christopher Murray, which highlights the friendship between Eleanor Roosevelt and Mary McLeod Bethune. We the ended meeting with delicious pecan pie made from Eleanor Roosevelt's recipe.

Our December meeting will be

at Judy Mammay's home on December 16, 2024, at 1:00 PM. Check the Club Directory for her address. We'll discuss Flying Colors by Christopher Laney. Please bring a finger food to share and a list of book suggestions for 2025. Judy will compile the list, and we'll finalize our reading and hosting plans at the January meeting. All members are welcome!

ENDEAVOUR ELEMENTARY

Crockpot Night with the students and their parents is scheduled for December 12, 2024, at 5:30 at the school, 905 Pineda Street, Cocoa, Florida, 32922. Get your crockpot out and find a good recipe to share, along with the recipe, and join us. More information will be sent out soon.

The weather is getting cooler...cold for Florida, so I sent four quilts out to the school

Resource Trailer for parents and guardians to take home for their children. We still have three more finished tops and enough flannel to cut into squares and make two or three more quilts in the new year.

A big, BIG, THANK YOU to everyone that helped with the first four quilts and there will be more opportunities to help coming your way in 2025.

LITTLE FREE LIBRARY

Thank you to everyone that has donated books to our Little Free Library this year. When I go over and check on it every Thursday I'm always amazed at the turn-over in books. I think that as the residents in the area walk or run, they go by the LFL and take a book but don't have one with them to leave so I add a few books to fill it up. Rest assured; our Little Free Library is being enjoyed!





Environment CSP



Nancy Brown, Chairman nekbrown@gmail.com

Thank you to everyone who participated in our craft day on November 9th. It was great to spend some time together making crafts and sharing stories. Some of the cork crafts were a success and others were not and that was part of the fun. We will be having another craft event after the new year. If you have some crafts you would like to make, send the ideas along to me.

Many thanks to all of you for supporting the Florida Wildlife hospital at our November. Your donations were greatly appreciated.

Environmental Tip

Now that the temperatures are moderating here in Florida, it is a great time to go out and enjoy nature. and eagles are Owls searching for mates and starting to build their nests. I am fortunate to be able to hear the mating calls of bald eagles and great horned owls in my back yard. You may be able to hear them also as well as the songs of migratory birds who have joined us for the winter. Walk and listen to the natural world around you. You will be amazed at what you hear and how relaxed you will become.

Volunteer of the Year

President Sarah is now accepting nominations for our club's 2024 GFWC Florida Volunteer of the Year! This prestigious award honors a club member who exemplifies outstanding service through GFWC Florida Club work during the current calendar year (January 1 – December 31).

To nominate a deserving member, submit a 2-page narrative or resume

highlighting her volunteer achievements and involvement at the **club level**. Submissions must be typed in Calibri or Arial, size 12 font, double-spaced, with half-inch margins. Only club-level efforts from the 2024 calendar year will be considered.

Send nominations to President Sarah by **December 20, 2024**. Let's celebrate the dedication of our amazing volunteers!



Health & Wellness CSP



CHARITY MILES

The GFWC Space Coast -COMETS is our team for Charity Miles. Our members has been accumulating more than 1,000 miles for the Epilepsy Foundation of America throughout November. On December 1st. we will change our charity to Canine Companions for Independence and try to reach 2,000 miles before January 1st. If you want to join our team, please let me know and I will help you become one of the COMETS.

WALK & TALK

Monday, December 16th will be

our next Walk and Talk. We will meet at the Viera Avenues on the sidewalk across the parking lot in front of Panera at 8:30 am. Dress for the weather and make sure you have sturdy walking shoes. Join us for a "social gathering" at Panera after the walk. Hope to see many of you there.

GFWC Florida FOCUS

Those of us who attended the GFWC Florida Board \circ f Directors Meeting in September learned that the GFWC Florida Focus Project for Health and Wellness is "Healthy Living with the Blue Zone Project." Blue Zone's POWER 9 are nine lifestyle habits of the world's healthiest, longest-lived people. During the 2024-2026 GFWC Florida's administration, we will be learning about these nine healthy lifestyle habits.

Starting December 1st, we will participate in a **De-Stress Challenge** using one of the lifestyle habits for living longer called DOWN SHIFT – learning to deal with your stresses of life.

You will receive an email with a December Calendar, a list of De-Stressing Activities and directions. The challenge is to see if doing at least one activity each day makes our life a little happier and less stressed. Have fun and please bring your filled in calendar to our January meeting (January 8th).

HEALTHY START

On Wednesday, December 11th, we will do a packing event for Healthy Start at the UF/IFAS Brevard County Extension (3695 Lake Drive, Cocoa, FL.). This will be a farewell for Monica Lomeli, the Healthy Start Community Relations Coordinator. She will be introducing us to her replacement. If you plan to attend, please let me know by Friday, December 6th.

DONATIONS

Don't forget to bring your pop tabs for the Ronald McDonald House, your unnecessary eyeglasses for the Lions' Recycle for Sight program and hygiene items for Endeavour Elementary.







Craft Day fun!

GFWC Signature Program: Domestic & Sexual Violence Awareness & Prevention



Taylor Malishenko, Chairman malishenkotp@gmail.com

Elder Abuse is one of the eight focus areas of GFWC Signature Project Program. Abuse later in life includes the physical, sexual, or psychological abuse, neglect,

financial exploitation, or stalking of an adult age 50 years or Seventy-seven million baby boomers are aging and approximately 10,000 turn 65 every day. People 85 and older, the fastest growing segment of the population, disproportionately women. Unfortunately, as the population ages, so does the opportunity for abuse. If you suspect that an elderly person in Brevard County, Florida is being abused, neglected, or exploited, you can call the Florida Abuse Hotline at (800) 962-2873. The Florida State Attorney's office has Operation Spot Check where

they make unannounced visits to Nursing Homes. Locally, we can distribute Elder Abuse public awareness materials at local sporting events, concerts, fairs, and grocery stores.

If you, or someone you know needs help, please call or text: Serene Harbor's 24/7 confidential hotline: 321-726-8282(TTY)









Club Calendar



What We're Collecting

This is a list of on-going collections for items that will be donated to various organizations in our area or used for club projects.

- Pull-tabs (soda & soup can tabs) will be donated to Ronald McDonald House charities. (Health & Wellness)
- **Eyeglasses** will be donated to the Lions Club. (Health & Wellness)
- **Bottle corks** (wine & champagne) for recycling on our Etsy shop & craft projects. (Environment)
- Travel-size toiletry products will be donated to Endeavour Elementary School. (Health & Wellness)

More items will be added as projects are developed.

To donate, please contact our club.



GFWC Holiday Spirit

The holiday season has always held a special place in the history of the General Federation of Women's Clubs. A search through the archives at the Women's History and Resource Center reveals heartwarming glimpses into how GFWC has celebrated and contributed during this time of

year. From heartfelt letters to Santa and festive holiday greetings to the 1917 Red Cross gift suggestions and Christmas Seals campaigns, the Federation has a longstanding tradition of combining holiday cheer with meaningful acts of service. At the GFWC Headquarters in Washington,

D.C., the season is highlighted bu a holiday party where members and leaders gather to reflect on the year, enjoy festive décor, and celebrate their shared mission. Throughout history, GFWC holiday messages have emphasized themes of unity, generosity, and the importance of giving back. This enduring legacy reminds us to continue spreading kindness and joy, honoring those who before us by serving our communities and making the holidays brighter for all.



Talk To Us

321-446-8941
gfwcspacecoastwc@gmail.com
afwcspacecoastwc.ora



facebook.com/gfwc spacecoastwc

Club Officers

President: Sarah Anthony
1st VP: JoAnne Post
2nd VP: Diane Angus
Treasurer: Susan Musil
Recording Secretary: Laurie
Watkins
Corresponding Secretary: Tiny
Butler

Information

This newsletter is published on the 1st of every month, September to May. All information is submitted by club members. For corrections, please contact our club.