



The Comet

Membership Meeting

February 5, 2025
10:00-Noon
5 Rosa L. Jones Dr., Cocoa

Board Meeting

February 19, 2025
10:00 am
on Zoom

District 6 Meeting

February 21, 2025
9:30 am
5 Rosa L. Jones Dr., Cocoa



Congratulations!

Dear Club Members,

Please join me in congratulating our Volunteer of the Year, JoAnne Post! Her dedication and impactful service to our club have made a difference and we are incredibly fortunate to have her as part of our club. JoAnne's commitment inspires us all to continue making a difference in our community.

As I reviewed our reports, I was amazed by everything our club

has accomplished. It's clear that our hard work is making an impact!

I'm looking forward to seeing everyone at our February Membership Meeting. Let's come together to celebrate our sisterhood, share ideas, and continue building on the amazing work we've done.

In service and friendship,

Sarah



President Sarah Anthony
sarah.anthony614@gmail.com

"Let the beauty of what you love be what you do."
~Rumi

1st Vice-President’s Message



1st Vice-President JoAnne Post
jpost314@aol.com

Our club’s annual GFWC Reports were sent to the state last week, ahead of the deadline. In fact, we were the first District 6 club to get our reports turned in!

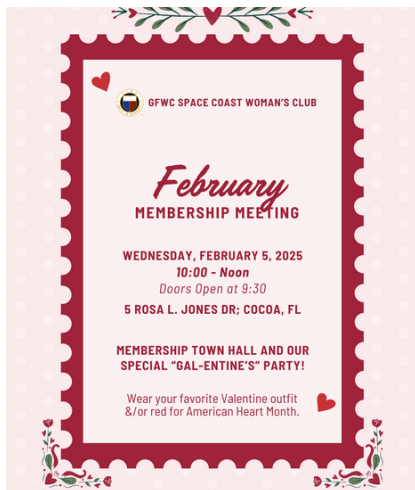
The boots were certainly on the ground this year for well over 4000 volunteer hours along with an incredible in-kind donation amount of over \$16K. Those are amazing numbers for a very small club. We just

have to be patient until the awards are announced at the GFWC Convention in April.

I was very honored to be recognized as the club’s Volunteer of the Year. It was certainly a surprise, as one could tell from the expression on my face when it was announced.

Happy Valentine’s Day to all.

Membership



Mark your calendars for our February Membership Meeting, a special gathering filled with opportunities for connection, learning, and celebration. We’ll kick off the meeting with a Membership Town Hall, giving everyone a chance to share

their views, ask questions, and explore ideas to shape the future of our club. Your voice matters, and this is the perfect time to contribute to meaningful discussions about our mission and goals.

In addition, we’ll take time to educate members on different aspects of our club—whether you’re new or a longtime member, there’s always something new to learn about the amazing work we do together.

To make the morning even more special, we’ll celebrate Galentine’s Day! This is our chance to honor the friendships and GFWC

sisterhood that make our club so unique. Enjoy fun and games, laughter, and time spent appreciating the incredible women who make up our organization.

Don’t miss this important and fun-filled meeting—we look forward to seeing you there!



2nd Vice-President's Message



Flight to Honor to Washington DC.

RAISERIGHT

Thank you to the 5 members that joined the RaiseRight app and have actively begun to buy gift cards in support of our Club. If anyone needs help with using the app or downloading the app, please let me know so that you can contribute to our budgetary needs.

available for your questions. We are looking forward to this being a fun time for all.

Thank you for your participation and help to meet our fundraising goals this year. If anyone has ideas for future fundraisers, please let me know.

Vows of Valor is right around the corner and everyone is getting excited to see the gowns and visit with our sister club members. This event is in support of our District objective in 2025 to provide an all Female

BUNCO

Our Bunco party is scheduled for March 8, 2025. Please make sure to sign up for this event and/or committees to help out. Co-chairs Tiny Butler, Diane Angus, and Bonnie Miller are



Club FUNdraisers

GFWC Space Coast Woman's Club, Inc.

JOIN US FOR
Vows of Valor:
A Wartime Bridal Gown Event

February 8, 2025 | 11:00-4:00
Viera E. Resident's Clubhouse
Tickets: \$40.00

Support our mission to honor GFWC Florida women veterans! Help fund the first all-female Flight to Honor, sending 172 women veterans on an all-inclusive journey to Washington, D.C. in October 2025. Your contribution makes this historic tribute possible—join us in making a difference!

To make a reservation, contact:
Sarah Anthony
gfwcspacoast@gmail.com

Ticket includes lunch, program featuring historical bridal gowns, 50/50, and opportunity baskets.

Proceeds will benefit: GFWC FL President's Project: Flight to Honor and GFWC Space Coast Woman's Club, Inc.

TURN SHOPPING INTO EARNING

EARN \$1,000 per year

Experience the right way to fundraise

Gift card fundraising is the best way to raise money. Buy gift cards from your favorite brands to earn on your daily purchases. It's never been easier to create opportunities for what matters most to you. No extra money spent. No extra time wasted.

How it works

- You buy a gift card**
You get the full value.
- The brand gives back**
No extra money comes out of your pocket.
- Your organization earns**
Impacting what matters most to you.

Shop 750+ popular brands

Getting your morning coffee. Doing DIY projects around the house. Ordering takeout. Conveniently raise money by doing everyday things.

amazon | Target | STARBUCKS

"It's super convenient. All I need to do is shop in my phone—I don't even need credit cards or my purse. I'm going to pay for these things anyway. I love being able to use gift cards so we get something in return."
Jan H., *earns for hockey*

Get started by downloading the RaiseRight™ app on your phone or go to RaiseRight.com on your computer. For step-by-step instructions, visit RaiseRight.com/m/StarEarning.

To join our club's fundraising efforts, please use this link: <https://bit.ly/dpJCKSU>
If you have any questions or need assistance, please contact us: gfwcspacoast@gmail.com
Be sure to use our club code: SF6507DEF84

RaiseRight. The merchants represented are not sponsors or affiliates of RaiseRight™. The logo and other identifying marks used are trademarks of and owned by their respective company or its affiliates. Please read the company's website for additional terms and conditions. © 2024 RaiseRight.

GFWC SPACE COAST WOMAN'S CLUB, INC.

PIGGY BANK FUNDRAISER

Supports our club's Dollars for Delegates fund.

Pigs can be adopted for \$5.00 at any club meeting.

Money saved can be donated at any club meeting.

Education & Libraries CSP



Sally Kramer, Chairman
 ckramer34@cfl.rr.com

BOOK CLUB

If you like mystery books, the January book for our Book Club was a good one! Unless you are very good at figuring out the villain in mystery stories, you don’t know until the very end “who did it”, and even then, you are not sure. The name of the book is None of This Is True by Lisa Jewell and it is worth the time to read it.

February Book Club

Date: February 17,2025

Time: 1:00

Hostess: Laurie Watkins

Place: Laurie’s House (address in the directory)

Name of the book we will be discussing is **James by Percival Everett**. This book is the retelling of the story of Huck Finn from his sidekick Jim’s point of view. New members are always welcome.

At the Book Club meeting in

January, we put together a list of books for the whole year, and we do meet all year long, so that the members that travel or spend months up north will know which book we are reading each month. Twelve of the members volunteered to be a hostess each month, providing light snacks and drinks, and a place to meet.

ENDEAVOUR ELEMENTARY

Jo-Anne Post and I attended the Viera Means Business breakfast to seek support for club and making quilts for the children at Endeavour Elementary. We explained how we had plenty of flannel but needed batting to complete the quilts. A generous business owner asked if there were additional needs. We mentioned coats, sweatshirts, shoes, and socks. The next day, she delivered a donation of these items, valued at about \$200, to my house. The donation was promptly delivered to the school.

LITTLE FREE LIBRARY

Our Little Free Library is doing well. The residents around the park use it and are getting very good at “Take Book, Leave a Book”, so I don’t need to replace as many books as I previously did. If you have books to donate to our library, please hang on to them and I will put a call out when I need more. I do appreciate your help.

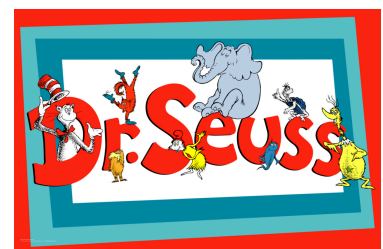
DR SEUSS’S BIRTHDAY

Our club will once again be hosting a birthday party for Dr. Seuss at Serene Harbor this year on March 2nd. Taylor Malishenko and I will be taking cupcakes, juice boxes and a Dr. Seuss book for each child and we’ll set up the party for the children that are staying at the shelter. We are asking our members to donate Dr. Seuss books, which are usually on sale around this time of year or donate money for the cupcakes and juice boxes.

This is an exciting event for the children living at Serene Harbor as many of them have had to leave their favorite books when they left their homes. Any extra books that are donated will be added to the library or put in the supply room at Serene Harbor for future use.

Books and monetary donations can be delivered to my house (addresses are in the directory), to the February 17th book club, or to the February club meeting.

Due to safety concerns, club volunteers are not being requested for this event.



Environment CSP



Nancy Brown, Chairman
nekbrown@gmail.com

What is this I hear about "hugging trees"? This may seem like a silly idea - at least for an adult but hugging trees is not a whimsical gesture. We are all familiar with the environmental benefits of trees, but did you know that trees can positively

impact our well-being?

Spending time near trees can reduce stress and lower blood pressure. When we hug a tree, we are physically embracing a living being and tangible connection to the natural world.

On February 12th, Linda Greenstein and I are hosting a nature walk at The Enchanted Forest in Titusville. This will be our "Walk and Talk" for the month. We will meet at Publix on Stadium Parkway & Viera Blvd. at 9:00 am and carpool to the Enchanted Forest. It will be a wonderful opportunity to walk and enjoy the environment with friends. Contact Nancy Brown

(nekbrown@gmail.com) or Linda Greenstein (lhgreenstein@gmail.com) if you are interested in participating.

Environmental Tip

February is a good time to plant trees in Florida. The cooler weather provides time for newly planted trees to focus on establishing the root system before the temperatures climb. Once the root system is established the tree can then focus on growth above ground including leaves and needles.



Health & Wellness CSP



Linda Greenstein, Chairman
lhgreenstein@gmail.com

February is Heart Health Month, and we will change our Charity Miles charity to The American Heart Association on February 1st. This organization formed in 1924 when six cardiologists came together to promote ways to understand and treat heart disease. Today their mission is “to be a relentless force for a world of longer, healthier lives”. Heart Disease is the leading cause of death in the United States, but it can often be prevented. You can reduce the risk of heart disease if you adopt a heart healthy lifestyle.

Sleep is very important. Aim for 7-9 hours of sleep going to bed and getting up at the same time each day. Eat a heart-healthy diet and maintain a healthy weight. Get moving by sitting less and participating in 150 minutes of physical activity each week. If you smoke, stop. Any amount of smoking damages your heart and blood vessels. Manage stress with healthy coping strategies to improve your emotional and physical health. Practice Self-Care doing one positive action for your heart health each day. Find social support. Studies show that close relationships, having positive support and feeling connected to others makes it easier to build heart-healthy habits. I plan to adopt a heart-healthy lifestyle this month, won’t you join me?

THE CHILDREN’S HUNGER PROJECT

We will have our first packing event for the Children’s Hunger Project on Tuesday, March 18th

at 5:15PM. I will know how many members can attend that night when I have heard from all of the clubs. Please send me an email (lhgreenstein@gmail.com) if you would like to pack that evening. Your name will be put on the list in the order it was received. Once I know how many members each club can send, I will send out an informational letter and registration link to our number of members and to the other clubs. If we have more members than places, our overflow will be put on the sub list and if they are not needed at this event they will start the list for the next packing event in October 2025.

We will continue collecting hygiene products for Endeavour Elementary, glasses for the Lions Recycle for Sight Program and pull tabs for the Ronald McDonald House. Items may be brought to the Membership meetings or to my house (address in the directory).



Our club and booster members at the Fight Child Hunger 5K.



Our club with the Endeavour Elementary team.

GFWC Signature Program: Domestic & Sexual Violence Awareness & Prevention



Taylor Malishenko, Chairman
malishenkotp@gmail.com

decorations for a Dr. Seuss party on March 2nd . Sally would like to have one donation of The Big Blue Book of Beginner Books - this book we would recommend that Serene Harbor keep. It has 5 books in it. The rest of the books we collect will be given to each child living at Serene Harbor on March 2nd or other children as they come to Serene Harbor.

A note in passing. February is Teen Violence Awareness month. There are several websites that provide support, one is www.loveisrespect.org

If you or someone you know needs help, contact the National Domestic Violence Hotline: Phone: 800.799.7233 Text: START to 88788 or visit: <https://www.thehotline.org>

March 2nd is Dr. Seuss's (Theodor Seuss Geisel) Birthday. He published his first book in 1937 going on to publish over 60 books. Sally Kramer is coordinating the donation of Dr. Seuss books for a children's party at Serene Harbor House. We will deliver the books, cupcakes, juice boxes and a few

Please bring your Dr. Seuss book donation to our general meeting on February 5th, to our Book Club meeting on February 17th, or to Sally's house (address in the directory).


To report human trafficking, please contact the **National Human Trafficking Hotline at 1-888-373-7888.**



GFWC Florida Webinar

How to Spot and Raise Up a Future Leader

Monday, Feb. 3
7:00 pm ET



[Registration Link](#)

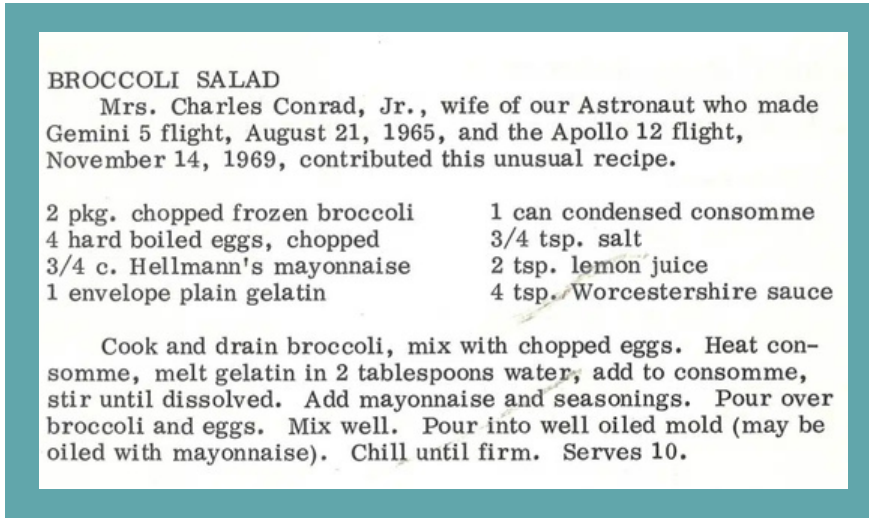
Club Calendar

2025						
February						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5 10:00 AM Membership Meeting 5 Rosa L. Jones Dr. Cocoa	6	7	8
9	10	11	12 9:00 AM Walk & Talk Enchanted Forest Meet at Stadium Publix for carpool	13	14	15
16	17 1:00 PM Book Club Laurie W's House	18	19 10:00 AM Board Meeting Zoom	20	21 9:30 AM District 6 Meeting 5 Rosa L. Jones Dr. Cocoa	22
23	24	25	26	27	28	

What We’re Collecting

This is a list of on-going collections for items that will be donated to various organizations in our area or used for club projects.

- **Pull-tabs** (soda & soup can tabs) - will be donated to Ronald McDonald House charities. (Health & Wellness)
 - **Eyeglasses** - will be donated to the Lions Club. (Health & Wellness)
 - **Bottle corks** (wine & champagne) — for recycling on our Etsy shop & craft projects. (Environment)
 - **Travel-size toiletry products** - will be donated to Endeavour Elementary School. (Health & Wellness)
- More items will be added as projects are developed.
To donate, please [contact our club](#).



From the Out of This World Cook Book, 1973. Gift of GFWC Cocoa Beach Woman’s Club, 1986 (Courtesy GFWC WHRC)

“Biscocho de Batata Borinquen” from Puerto Rico.

GFWC’s A Cook’s Tour (1957) highlights international and regional specialties, while local collections like the GFWC Cocoa Beach Woman’s Club’s Out of This World cookbook celebrate unique themes, such as Florida’s Space Coast.

These cookbooks offer a glimpse into their times—reflecting available ingredients, popular cooking technologies, and cultural influences. Contributions from GFWC leaders and even notable figures like author Nora Roberts add to their charm.

If our club created a cookbook today, what recipe would you contribute? Whether it’s a family favorite, a regional specialty, or a creative twist on a classic dish, we’d love to know what makes it special to you!

GFWC History & Legacy

Community cookbooks trace their origins to the Civil War, when Maria J. Moss created A Poetical Cookbook in 1864 to fundraise for the US Sanitary Commission. Since then, women’s organizations have used cookbooks to raise money, share recipes, and leave a lasting impact on their

communities.

Women’s clubs, including GFWC, have long participated in this tradition. The GFWC Women’s History and Resource Center holds cookbooks spanning from the 1920s to today, showcasing recipes like “Crab Soup, Eastern Shore Style” from Maryland and

Talk To Us

321-446-8941
 gfwcspacecoastwc@gmail.com
 gfwcspacecoastwc.org



facebook.com/gfwc
 spacecoastwc

Club Officers

President: Sarah Anthony
 1st VP: JoAnne Post
 2nd VP: Diane Angus
 Treasurer: Susan Musil
 Recording Secretary: Laurie Watkins
 Corresponding Secretary: Tiny Butler

Information

This newsletter is published on the 1st of every month, September to May. All information is submitted by club members. For corrections, please contact our club.