



# The Comet

## Membership Meeting

January 8, 2025  
10:00-Noon  
5 Rosa L. Jones Dr., Cocoa

## Board Meeting

January 15, 2025  
10:00 am  
on Zoom

## Walk & Talk

January 22, 2025  
8:30 am  
Larry Schultz Park, Rockledge



## Happy New Year!

Dear Club Members,

Happy New Year! Thank you for your dedication and passion in 2024—let's make 2025 even more impactful.

January is Human Trafficking Awareness Month, a time to educate and advocate for change. Join us in wearing blue at our club meeting and on January 11th to show support for survivors and to spread awareness.

This year, we'll continue supporting the GFWC Florida President's Project and pursuing exciting fundraising and community outreach efforts. Stay connected and engaged—together, we can achieve great things.

Here's to a year of growth and meaningful change!

In service and gratitude,

*Sarah*



**President Sarah Anthony**  
sarah.anthony614@gmail.com

"Let the beauty of what you love be what you do."  
~Rumi

## 1st Vice-President's Message



**1st Vice-President JoAnne Post**  
[jpost314@aol.com](mailto:jpost314@aol.com)

I cannot believe we are in 2025 - seems like only yesterday we were all worrying about Y2K. I hope everyone had a wonderful holiday season. We celebrated with our family in Atlanta for a few days and then headed on a cruise with friends to ring in the New Year.

Reports are getting the final touches and will be ready to

send off to GFWC Florida by the end of the month.

Be sure to start reporting your 2025 hours in the app or send to me via email so we can capture all of your hard work. The link for the 2025 reporting form is:

<https://forms.gle/zAakN1csQRDZh6it5>

Looking forward to a FUNtastic 2025!

## Upcoming Membership Meeting



incredible work of our members.

We will host a speaker from Life Recaptured, an organization dedicated to helping survivors of human trafficking rebuild their lives. We hope you'll join us for an eye-opening and inspiring presentation on the importance of advocacy and education.

with our arts and crafts contest! Members will showcase their talents and highlight their artistic skills with their creations. All the forms and rules have been sent out via email. All members are encouraged to enter their creations!

We will also celebrate the outstanding contributions of our Volunteer of the Year. This award recognizes a member who has gone above and beyond in service and leadership. Who will this year's recipient be?

January is not only the start of a new year but also an opportunity to come together for causes that matter most. At our January membership meeting, we will focus on Human Trafficking Awareness Month and celebrate the

In the spirit of giving back, we will participate in a service project to support Hope for Justice, a GFWC affiliate organization. All supplies will be provided.

Creativity will be in full swing

We hope you'll join us at this month's meeting on January 8th!

## 2nd Vice-President's Message



blessing in disguise. The new venue will allow us to donate more funds to the GFWC FL President's Project—a true win-win! There is a very limited number of seats left, so make your reservations if you haven't done so already. If you haven't made your payment yet, please do so ASAP so that we have an accurate count.

gift cards, or other exciting items, your contributions will make a huge difference! Please sign up to donate a basket by emailing the club: [gfwcspacoast@gmail.com](mailto:gfwcspacoast@gmail.com)

We have exciting news about our February 8th Vows of Valor fundraiser. We have decided to move the event to the Viera E. Resident's Clubhouse due to participation numbers. This change has turned out to be a

As we prepare for Vows of Valor, we're calling on our creative and generous members to help us make it a success. We need Opportunity Baskets to offer attendees to win, which will boost our fundraising efforts even more. Whether it's themed baskets,

Looking ahead, mark your calendars for March 8, 2025—we'll be hosting a fun-filled Bunco fundraiser! More details will be coming soon, so stay tuned!

Thank you for your continued support and dedication. Together, we're turning challenges into opportunities and making an even bigger impact. Let's keep the momentum going!

## Club FUNdraisers

GFWC Space Coast Woman's Club, Inc.

JOIN US FOR  
*Vows of Valor:*  
A Wartime Bridal Gown Event

February 8, 2025 | 11:00-4:00  
Viera E. Resident's Clubhouse  
Tickets: \$40.00

Support our mission to honor GFWC Florida women veterans! Help fund the first all-female Fight to Honor, sending 172 women veterans on an all-inclusive journey to Washington, D.C. in October 2025. Your contribution makes this historic tribute possible—join us in making a difference!

To make a reservation, contact:  
Sarah Anthony  
[gfwcspacoast@gmail.com](mailto:gfwcspacoast@gmail.com)

Ticket includes lunch, program featuring historical bridal gowns, 50/50, and opportunity baskets.

Proceeds will benefit: GFWC FL President's Project: Flight to Honor and GFWC Space Coast Woman's Club, Inc.

TURN SHOPPING INTO EARNING

Experience the right way to fundraise

Gift card fundraising is the best way to raise money. Buy gift cards from your favorite brands to earn on your daily purchases. It's never been easier to create opportunities for what matters most to you. No extra money spent. No extra time wasted.

How it works

- You buy a gift card. You get the full value.
- The brand gives back. No extra money comes out of your pocket.
- Your organization earns. Impacting what matters most to you.

Shop 750+ popular brands

Getting your morning coffee. Doing DIY projects around the house. Ordering takeout. Conveniently raise money by doing everyday things.

amazon | walmart | starbucks | etc.

It's super convenient. All I need to go shopping is my phone—I don't even need credit cards or my purse. I'm going to pay for these things anyway. I love being able to use gift cards so we get something in return.

Jan H., *earns for hockey*

Get started by downloading the RaiseRight™ app on your phone or go to [RaiseRight.com](https://www.raise-right.com) on your computer. For step-by-step instructions, visit [RaiseRight.com/m/StoreEarning](https://www.raise-right.com/m/StoreEarning).

To join our club's fundraising efforts, please use this link: <https://bit.ly/4epJCK5U>  
If you have any questions or need assistance, please contact us: [gfwcspacoast@gmail.com](mailto:gfwcspacoast@gmail.com)  
Be sure to use our club code: SF6507DEF84

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GFWC SPACE COAST WOMAN'S CLUB, INC.

EARN \$1,000 per year

PIGGY BANK FUNDRAISER

Supports our club's Dollars for Delegates fund.

Pigs can be adopted for \$5.00 at any club meeting.

Money saved can be donated at any club meeting.



# Membership

We are thrilled to welcome new faces to our club family! Your enthusiasm and fresh perspectives are exactly what make our group so special. Whether you’re a longtime member or just starting your journey with us, we are so excited to have you on board and can’t wait to work together to make a difference in our community.

As we grow, we want to let you know that some of our cherished members are experiencing health challenges. Please know that we’re here for each other, and don’t hesitate to reach out if you need help or a friendly ear. That’s what makes our club more than just an organization—it’s a family.

On a housekeeping note, we’re

currently without a Membership Chairman, so the board members are stepping up to handle those responsibilities. We appreciate your patience as we navigate this transition! If you have questions or need assistance

with membership matters, please don’t hesitate to reach out to a board member.

Finally, an important update: there’s a new volunteer reporting form link for 2025, and it has been sent out to all members via email. Please take a moment to save the link and start logging your hours. Together, we’re building something amazing, and

tracking our contributions is a big part of showing the world what we can accomplish.

Thank you for being part of this incredible club. Let’s continue to support one another and make a lasting impact!



## Education & Libraries CSP



**Sally Kramer, Chairman**  
[ckramer34@cfl.rr.com](mailto:ckramer34@cfl.rr.com)

Happy New Year!! The start of a new year is always exciting for all the new adventures and endless opportunities that will be offered to us. I hope you will participate as often as you can and enjoy each event to the fullest.

### BOOK CLUB

Our December Book Club meeting was both fun and insightful. We discussed *Flying Colors* by Christopher Laney, and Judy Mammay, our hostess, took the initiative to contact the author for a Zoom discussion since no book club questions were available online. He graciously joined us, and while three members hadn’t read the book, they enjoyed listening to the conversation. Everyone had the chance to ask questions and share their thoughts.

We also welcomed three new

members, bringing our total to fifteen. Everyone contributed a holiday snack, making for a wonderful afternoon.

Our next meeting will be on Monday, January 20, 2025, at 1:00 pm at Judy Mammay’s home (check the directory for the address). We’ll be discussing “None of This is True” by Lisa Jewell and selecting books and hosts for 2025. If you have a suggestion, please send it to Judy.

Everyone is welcome!

### ENDEAVOUR ELEMENTARY

On December 12th, five members of our club participated in a Crockpot Tasting at Endeavour Elementary School, a fun and engaging event that brought together school staff, parents, and members of other local organizations. The school has introduced many families to the convenience of crockpots, providing them through grants to ensure parents can have a nutritious meal ready, even on busy days when both parents are working.

The event, held 2-3 times a year, gives families the chance to sample crockpot dishes and take home recipes to try. Many were eager to taste something new, with some returning for seconds! Students attending the

event were given chef hats and aprons, with some wearing “Chef’s Helper” aprons as they eagerly assisted as needed.

This initiative has a big impact on the community, helping families enjoy healthier, home-cooked meals. We hope more of our members will participate next time—start looking for your favorite crockpot recipe! The next Crock-Pot Night will be on April 17th from 5:30-6:30.

### ADOPTED STUDENT

This year, our President, Sarah, received a request from a teacher at Titusville High School for help providing Christmas gifts for a 17-year-old homeless student. With a list of sizes, favorite color, and food, our members quickly jumped into action. Despite the short notice and holiday hustle, everyone who could contribute was incredibly generous. Within five days, we delivered everything the student needed, and items he can’t use immediately will be stored in the school counselor’s office for later.

This project highlights the kindness and generosity of our club members. Thank you for making this Christmas special for a deserving student!

# Environment CSP



**Nancy Brown, Chairman**  
nekbrown@gmail.com

It is hard to believe that another year is behind us. I always greet a new year with excitement and anticipation of what surprises and fun might be in store.

GFWC Florida Environment focus is "trees". Trees are an

essential part of our environment, providing us with oxygen, shade to protect us from the Florida sun, food for animals, insects, and humans, homesites for nesting birds, squirrels and many other insects, reptiles etc. They really are quite amazing. So, this year I will be providing opportunities to connect with trees where we live. Look for information at the January meeting about a walk among trees at a local sanctuary. Also, I will be looking for opportunities for us to help support projects/programs to help replant trees in the areas of Florida devastated by hurricanes in 2024.

Our next beach clean-up with

The Sea Turtle Preservation Society will be in March. I had hoped to do it February, but the clean-up is scheduled for the same day as our Vows of Valor fundraiser.

### Environmental Tip

January and February are good times to cut back shrubs and bushes. New growth will begin in February and by cutting back now you won't remove the new growth that often has flowers which are important for insects and birds that need nectar. Also, gardening is easier now in the cooler months.





## Health & Wellness CSP



**Linda Greenstein, Chairman**  
lhgreenstein@gmail.com

Happy New Year!!!

### CHARITY MILES

In honor of National Human Trafficking Prevention Month, we’ve chosen to support Human Trafficking Front for our charity efforts. This organization works to raise awareness, build capacity, and conduct research to prevent human trafficking, modern slavery, and online child exploitation.

Our GFWC Space Coast-COMETs Charity Miles team has 23 members, but we’re always

eager to welcome more! If you’d like to join us, please reach out.

For January, our goal is to log 2,000 miles. To help reach that goal, we have two planned activities. The first is the Fight Child Hunger 5K on Saturday, January 11th, at Viera High School. We’ll gather on the football field at 7:30 am for photos, with the race beginning at 8:00 am. Proceeds will benefit The Children’s Hunger Project and the Sharing Center of Central Brevard, helping at-risk children. To register, visit: [Fight Child Hunger 5K](#) and don’t forget to join our team: GFWC Space Coast-COMETs.

### WALK & TALK

The second activity will be our Walk and Talk on Wednesday, January 22nd. We will meet at the Larry Schulz Park located at 2560 South Fiske Boulevard at 8:30 am. Make sure you wear sturdy walking shoes, put on your sunscreen since there is

not a lot of shade, dress for the weather and don’t forget your water. I will have a sign-up sheet at our January meeting.

### GFWC Florida FOCUS

Even though the De-Stress Challenge is over, I hope it gave you some ideas for things to do when you are feeling stressed. I know that deep breathing, early morning walks, warm Epsom salt soaks and rocking out on the lanai have helped me. Please bring your challenge calendar and your passport to our next general meeting so I can gather the data, and you can get your passport sticker.

### DONATIONS

Don’t forget to bring your pop tabs for the Ronald McDonald House, your unnecessary eyeglasses for the Lions’ Recycle for Sight program and hygiene items for Endeavour Elementary to the Membership Meeting. See you on January 8th!



## GFWC Signature Program: Domestic & Sexual Violence Awareness & Prevention



Taylor Malishenko, Chairman  
malishenkotp@gmail.com

honored to learn more about their vital work.

In addition to their services, Life Recaptured operates the Connections Café at 3757 N US-1, Cocoa, FL, where they serve breakfast, craft lunches, and delicious homemade desserts. The café also features a small shop with quality items, including homemade jams. You can register on their website to attend a monthly Awareness Training Class to learn more about their mission.

They also run a resale boutique and beauty studio at 5515 N Courtenay Pkwy, Merritt Island, open Tuesday to Friday from 9:00 AM to 5:00 PM, and a Farmers Market on Saturdays

from 9:00 AM to 2:30 PM.

Life Recaptured offers valuable training opportunities at their safe house, including classes in cooking, crafts, art, music, gardening, and life skills. Volunteers are also needed to help with transportation to appointments. Please note that all volunteers must undergo a background check and sign a non-disclosure agreement.

We look forward to learning more about this incredible organization and how we can support their mission. For immediate assistance or more information, the **National Human Trafficking Hotline is available at 1-888-373-7888.**

We are excited to welcome Life Recaptured, Brevard County's nonprofit organization offering a safe refuge for survivors of sex trafficking, as our guest speaker at our January 8th meeting. Life Recaptured provides a safe home and a path to healing, and we are





## Club Calendar

2025						
January						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8 10:00 AM Membership Meeting 5 Rosa L. Jones Dr. Rockledge	9	10	11 Wear Blue Day 7:30 AM Fight Child Hunger 5K @ Viera HS
12	13	14	15 10:00 AM Board Meeting Zoom	16	17	18
19	20 1:00 PM Book Club Judy M's House	21	22 8:30 AM Walk & Talk Larry Schultz Park Rockledge	23	24	25
26	27 7:00 PM GFWC Webinar for ESO Zoom	28	29	30	31	

## What We’re Collecting

This is a list of on-going collections for items that will be donated to various organizations in our area or used for club projects.

- **Pull-tabs** (soda & soup can tabs) - will be donated to Ronald McDonald House charities. (Health & Wellness)
  - **Eyeglasses** - will be donated to the Lions Club. (Health & Wellness)
  - **Bottle corks** (wine & champagne) — for recycling on our Etsy shop & craft projects. (Environment)
  - **Travel-size toiletry products** - will be donated to Endeavour Elementary School. (Health & Wellness)
- More items will be added as projects are developed.  
To donate, please [contact our club](#).



A NAUSEATING JOB, BUT IT MUST BE DONE

(President Roosevelt takes hold of the investigating muck-rake himself in the packing-house scandal.)

community discussions, and petitioning lawmakers—GFWC members helped build nationwide support for stricter regulations. Their advocacy was instrumental in the passage of the Pure Food and Drug Act of 1906, which laid the foundation for the modern Food and Drug Administration (FDA). This landmark legislation required accurate labeling and prohibited the sale of adulterated or misbranded food and drugs, ensuring greater safety for all Americans.

## GFWC History & Legacy

Did you know that the General Federation of Women’s Clubs (GFWC) played a pivotal role in one of the most significant public health reforms in U.S. history? At the turn of the 20th century, unsafe food practices and misleading product labels posed serious risks to public health. GFWC members,

committed to protecting families and communities, joined the fight for food and drug safety by lobbying for change and raising public awareness.

Through extensive grassroots efforts—such as distributing educational materials, hosting

The work of these trailblazing women showcases the power of collective action and the enduring impact of GFWC’s mission. As we honor their achievements, let us be inspired to continue championing causes that improve the lives of those around us.

### Talk To Us

321-446-8941  
 gfwcspacecoastwc@gmail.com  
 gfwcspacecoastwc.org



facebook.com/gfwc  
 spacecoastwc

### Club Officers

President: Sarah Anthony  
 1st VP: JoAnne Post  
 2nd VP: Diane Angus  
 Treasurer: Susan Musil  
 Recording Secretary: Laurie Watkins  
 Corresponding Secretary: Tiny Butler

### Information

This newsletter is published on the 1st of every month, September to May. All information is submitted by club members. For corrections, please contact our club.